



## Self-assessment

- If the statement applies to you check “yes”, if it doesn’t, check “no”
- Then ask someone you work with to do the same. Compare the answers afterwards

Behaviors	Yes	No
They receive a lot of complaints about their behavior		
They have a problem holding people accountable		
They have a hard time separating their personal life from their professional life		
They are indifferent as it relates to the tasks		
They don't like change and is highly resistant to it		
They are constantly complaining		
They are gossipers and keep up a lot of mess		
They are know-it-all's		
They don't know how to handle conflict		
People don't like working with them		
When they come into the room, all the air is sucked out of it		
They are not receptive to perceived negative feedback		
They take everything personally		
They have a hard time delegating		
They lack empathy for people and their situations		
You don't know who is walking into the office (or on the Zoom) that day		
They don't listen, and if they are listening, they are listening to respond and not to understand		
They only think about themselves, never about the team		
It is their way or no way, they are inflexible		
They don't know how to talk to people and they will easily blow up on you		
They don't take accountability for their actions		
You have to walk on eggshells around them		
They crack under pressure		
They make decisions based upon how they feel		
They are fault finders and excuse makers		
They are flat out rude when speaking to people		
They are not receptive to feedback		
Favorite statement “That’s just they way that I am”		